



East Grinstead & Lingfield Catholic Parish



18th AUGUST 2024

20th SUNDAY ORDINARY TIME

PSALTER WEEK 4

Parish Priest Fr Jack Lusted
Parish Administrator Seana Dawson
 01342 325705 *Office hours: Tues-Thurs, 9:00-13:00*
St Peter's Primary School Mary Claffey
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IF YOU'RE NEW - WELCOME

We are so pleased to meet you. Please say hello to the welcomers and fill in the registration form at the back of the church or online (see above) or wait to introduce yourself to me after Mass.



INTERESTED IN BECOMING A CATHOLIC?

Please write /speak to me.

WEEKLY DEVOTIONS

HOLY OFFICE: Every day at 09:00 at OLSP before Mass (Mon, Tues, Thurs).
HOLY HOUR: Wednesdays at St Bernard's at 7:30pm. Adoration, Rosary, Silence and Music.
ADORATION: Every Friday at 11:00am OLSP.
HOLY ROSARY: Every Friday at 12:10 after Adoration. OLSP (Summer break 26th July-30th Aug).

SACRAMENTS

BAPTISM OF CHILDREN: Collect a form from me after Mass.
HOLY COMMUNION VISITS: Holy Communion is taken to the housebound of the parish regularly; please contact the Parish Office.
CONFESSIONS: This is an essential part of our spiritual lives. As always, I am available after Mass on weekdays. Also, on Saturday morning from 10:30 to 11:00 and evening from 5:30 to 6:00. You may also phone me for an individual appointment if you wish.
MARRIAGE: Email the Parish Office a minimum of six months in advance.
ANOINTING OF THE SICK: Contact the Parish Office if you, or someone for whom you are responsible, requires the Anointing of the Sick.

Focusing our attention on God

If we are finding it difficult to still our minds and focus on God's presence, then we can link a simple prayer to our natural rhythm of breathing in and out using a single syllable word such as 'God' or 'Love'. However, many people will find a longer invocation more suitable, such as a phrase from the psalms: "Be still and know that I am God", or "God, come to my aid; O, Lord, make haste to help me".

As we give our attention to God, it is not easy to know that God is giving His attention to us. But we don't need to get concerned about this. We can simply keep faithful to our desire to open ourselves to God and keep our attention on Him, knowing that God wants to relate to us. God is already holding us in His hands and gazing on us with love. The Benedictine monk, Cardinal Basil Hume once said that we do not get better at prayer with time, but our desire to pray gets stronger.

God is calling each of us to develop a unique and personal relationship, to become His friend. Having become more aware that we live in His presence, we can be more truly ourselves before Him - with all our hopes and fears, joys and sorrows.

Please pray for those in the Parish who are unwell: Clive Carpenter, Catherine Jones, Rita Snow, Eve Hamerton, Sue Scott, Alice Underwood, Lucy Barrow, Agnes Payne, David Bye, Marie Jones, Maggie Gordon-Clark and Sian Oram. Please pray for Pauline Lacey recently deceased.

Requests to be included in the Bidding Prayers: contact Sue Faulkner 07462394964 suzy.faulkner@icloud.com at OLSP or Nicky Daines 01342 870358 raymondaines@btinternet.com for St Bernard's. If you are requesting prayers for a loved one, please ensure that they have given their permission for their name to be included.

REQUEST PRIVATE PRAYER - If you would like to request prayer for your intention, whatever it might be, by members of the parish prayer network, please contact Sue Faulkner, 07462394964 suzy.faulkner@icloud.com. Members will pray for your intention privately in their homes. Your name will not be mentioned in church, and you can be anonymous if you prefer.

LIVESTREAMING - we are pleased to offer live broadcast at the 09:00 mass at St B's and 10:30 mass at OLSP on Sunday, alongside rosary at OLSP on Friday's. Other services and events can be livestreamed too - contact Jonathan Jenkins at jamjenkins64@outlook.com.

MASSES THIS WEEK

Saturday 17th August
6.15pm - OLSP (Vigil)

Sunday 18th August
20th Sunday Ordinary time
9:00am St Bernard's (LS)
Amy Bisset RIP
&
EG Catenian Circle
President's Sunday

10:30am OLSP (LS)

Monday 19th August
St John Eudes
No Public Mass

Tuesday 20th August
St Bernard
No Public Mass

Wednesday 21st August
St Pius X
No Public Mass

Thursday 22nd August
Queenship of the BVM
No Public Mass

Friday 23rd August
St Rose of Lima
No Public Mass

Saturday 24th August
St Bartholomew
6.15pm OLSP Vigil
Michael Delaney (2nd
Anniv)

Sunday 25th August
21st Sunday Ordinary Time
9am St Bernard's (LS)
10.30am OLSP (LS)

(LS = Livestreamed)

FOOD BANK: items needed are fruit juice 1 litre long life (not chilled) , tinned custard, washing up liquid, jam, hair shampoo, hair conditioner, kitchen roll, spray surface cleaner and tinned rice pudding

DIOCESAN PLAN: The date for this important meeting has now been changed to **Friday 20th September 7.30pm** at the Friary Hall Crawley Parish as a good number of members were on holiday in July. Please contact Seana at the office if you are able to attend eastgrinstead@abdiocese.org.uk.

PLEDGING: If you were kind enough to pledge money for the Parish Appeal but haven't yet got round to doing so or now your circumstances are such that you feel you want to contribute, please consider fulfilling the Pledge now. The details of how to pay are at the bottom of this newsletter. Please remember to use "Jack" in any online payments or on the back of your cheque. All contributions are sincerely appreciated but Please Pledge...Don't Hedge.

PRAYERS & REFLECTIONS WANTED: If you have favourite prayers or reflections that you'd like to share, we occasionally have space in the 'From Fr Jack' box. If yours might fit, send them to Seana eastgrinstead@abdiocese.org.uk. Or pass onto her in an envelope at the sacristy. Many thanks.

SYNODALITY 101: Workshop series in August to introduce the principles of holding prayerful, truthful and safe conversations which value gracious listening and courageous speaking. It is suitable for all levels of experience including people who have not been involved in the Synod process so far. admin@schoolforsynodality.org.uk.

FACEBOOK RENEWED: The Comms Team have, as promised, an active feed now on Facebook. Look for [EastGrinsteadCatholicParish](#). Think of Facebook as an alternative channel to evangelise. So, if you have photos of your events, links to other pages you think will be of interest or indeed requests and pleas for help, join the Facebook community and post away.

FAIRTRADE PARISH PURCHASING: The next Fairtrade stall at **St Bernard's** will be on **Sunday 18 August** after 9 am Mass with another chance to support Fairtrade at **OLSP Masses on 24/25th August**. Please support this and buy Fairtrade products; chocolate, coffee, olive oil, preserves, biscuits and many others. Arundel and Brighton is a Fairtrade Diocese which is committed to help farmers in the developing world by paying a fair price for their products and helping them support their families and community.

NEWSLETTERS: The online newsletter received by many of us, has all this news but with embedded video and images. It also has a greater range including news from the diocese and the wider Catholic Church. Sign up on the website, read both!

A BIG THANK YOU: to all those who supported the cake stall in the EG hall last Sunday. We took £145.00 which, when added to the takings from the last 2 sales brings the total up to £489.29 to date. Many thanks to those who contributed cakes to boost sales. Your help is greatly appreciated.

The next cake sale will be on **Sunday September 8th**. Thank you.

EAST GRINSTEAD CATENIANS: will meet on **Monday, 19th August** at 8 pm in the Parish Centre. Members are also reminded of the bowls evening at Mount Noddy and the Chequer Mead visit in the coming week. The Association is a Catholic social group which supports members and the wider community through fellowship, faith, family, fun and fundraising. Further details from Pat Doolan 07812523845

QUIET FRIDAY WORTH ABBEY 13th SEPTEMBER: Normally on the second Friday of each month there is a time for stillness and solitude and to enjoy the attractive grounds and Quiet Garden. The aim of the Quiet Friday is to provide an atmosphere of prayerful silence where you can unwind, reflect and become more aware of God's presence in your life. For this reason, only a limited input is provided, and silence is encouraged. You are invited to join the monastic community for Midday Prayer in the Abbey Church at 1pm, followed by Adoration before the Blessed Sacrament until 2pm. A monk will be available for one hour, between 2-3pm, should anyone wish to talk or go to confession. Participants gather at 3.15pm for tea, with the day ending at 3.30pm.



CONTRIBUTING FINANCIALLY TO THE PARISH: If making a payment by cheque, the payee is Our Lady & St Peter's Catholic Church. If remitting online, the parish account title is: **RCD Arundel and Brighton Our Lady & St Peter, sort code 40-05-20, account number 71076841**. You can also donate to the parish via our website, via the collection at Mass, or by scanning our QR code



Please Gift Aid if you pay UK income tax.



Newsletter requests to Parish Admin or via website (preferred). And remember, more news, in greater detail, online:

eastgrinsteadcatholicparish.com